

Flinchlock Injury Release Therapy

Bone Pressure release



A practical form of health care, Contact C.A.R.E offers a **Common Sense Approach to Real Ease**. A system for locating and releasing trapped bone pressure, **ConTact C.A.R.E** is a discipline which isolates the body's natural self-defence tendencies that have caused the body to 'flinchlock®' into compromised mobility.

Typical problems include:

Humans

- Impact and sports injuries
- Breathing and skin disorders
- Carpel tunnel / occupational tension
- Headaches & migraines
- Back, neck pain and sciatica
- Chronic and acute pain
- Emotional stress / depression

Horses

- Back and saddle problems (bucking, polls and shying)
- Any injuries, herd and training problems
- String halt, skin problems, head flicking
- Any joint or stifle problems, stiffness and arthritis

Susan offers a unique service: Horse and rider are worked with together in the saddle. Once released with Contact C.A.R.E both become fully functional with a deeper relationship - they become a fully functioning balanced team.



Susan is coming to Okaihau/Kerikeri on the 28th & 29th of April. A session costs \$80 per person & \$90 per horse. Book in now as there are limited spaces available.

To place a booking please contact Melissa on 02102578634 or at melissa@eqhc.co.nz

For more information go to www.edens.co.nz
Or talk to Susan (09) 4315797 - 027 358 1541